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In vitro and *in vivo* study of thymosin alpha1 biodegradable in situ forming poly(lactide-co-glycolide) implants

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ABSTRACT

The purpose of this study was to develop poly(lactide-co-glycolide)(PLGA) based in situ forming implants (ISFI) for controlled release of thymosin alpha 1 (T α 1). The ISFI was prepared by dissolving PLGA in N-methyl-2-pyrrolidone (NMP) or mixtures of NMP and triacetin. T α 1 microparticles, prepared by spray-freeze drying method with chitosan or bovine serum albumin as a protectant, were suspended in PLGA solutions. The effects of Ta1 pre-encapsulation, PLGA molecular weight, PLGA concentration and organic solvents composition on the *in vivo* $T\alpha 1$ release were evaluated by subcutaneously injecting $T\alpha 1$ loaded ISFI into Sprague–Dawley Rats. The pharmacological efficacy of Tal-loaded ISFI was examined using immunosuppressive BALB/c mice induced by cyclophosphamide. The ISFI composed of $T\alpha 1$ preencapsulated with chitosan, higher molecule-weight PLGA at higher concentration and more triacetin showed a lower initial release and a longer sustained release period. The optimal prescription of our study showed a low initial release of 29.3% (24 h), followed by a slow and continuous drug release up to 28 d in vivo. An in vitro release device was designed to mimic the in vivo release of $T\alpha 1$, and good correlation was observed between the in vitro and in vivo releases, with the linear correlation coefficient of 0.9899. T α 1-loaded ISFI showed low cytotoxicity as tested by CCK-8 assay. T α 1-loaded ISFI significantly increased the thymic index and spleen index of immunosuppressive mice. These results suggest that the ISFI is a suitable system for controlled release of $T\alpha 1$.

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1. Introduction

Chemotherapy side effects, such as anemia, low white blood cell count, hair loss, nausea and so on, are very common during treatment of cancers, which can sometimes disrupt chemotherapy schedules. Low white blood cell count, a symptom of low body immunity, means increased risk of infection. Therefore, chemotherapeutic agents are often used in combination with immunomodulators. Thymosin alpha1 (T α 1), an acidic polypeptide consisting of 28-amino acids isolated from thymosin fraction V (TF5), has been reported to be an effective immunoenhancer that increases white blood cells (Moody et al., 2002), accelerates restoration of T cellmediated neutralizing antibody response in immunosuppressive mice (Li et al., 2002), and increases interleukin-2 (IL-2) production and IL-2 receptor expression in human lymphocytes (Knutsen et al., 1999). T α 1 also stimulates haematopoiesis of normal bone-marrow (Paul and Sodhi, 2002) and modulates differentiation and function of dendritic cells (Huang et al., 2004; Yao et al., 2007). Singly used or in combination with cytokines and chemotherapy, T α 1 has been applied in treatment of cancers (Garaci et al., 2000, 2003; Fan et al., 2006), chronic hepatitis (Yang et al., 2008; García-Contreras et al., 2006), reimplantation of avulsed teeth (Loo et al., 2008) and so on. However, T α 1 has a short half-life (less than 3 h) after subcutaneous administration, which requires frequent injection during therapy periods (Rost et al., 1999), so a long-term continuous release delivery system of T α 1 is needed.

Recently, biodegradable polymer based injectable solutions, named "in situ forming implants" (ISFI), have received increasing attention due to several advantages: ease of application, prolonged delivery periods, decreased drug dosage, improved compliance and reduced invasion (Hatefi and Amsden, 2002). Once injected into the body, polymer solutions solidified to form semisolid depots, releasing drugs in a sustained manner. The solidification can be induced by crosslinking (He et al., 2000), solvent-removal (Ravivarapu et al., 2000), a change in temperature (Westhaus and Messersmith, 2001; Kang et al., 2006), a change in pH (Ganguly and Dash, 2004) and so on. Poly(lactide-co-glycolide) (PLGA) is one of the most frequently

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| Table 1 |
|---|
| Formulation compositions of in situ forming implants. |

| No. | Τα1 | | Polymer | | Solvent | | Mg(OH) ₂ (mg) |
|-----|-------------|------------|---------|------------|----------|----------------|--------------------------|
| | Amount (mg) | Protectant | Mw | Amount (g) | NMP (ml) | Triacetin (ml) | |
| 1 | 0.6 | - | RG 504H | 0.07 | 0.1 | 0.1 | 0.7 |
| 2 | 0.6 | BSA | RG 504H | 0.07 | 0.1 | 0.1 | 0.7 |
| 3 | 0.6 | Chitosan | RG 502H | 0.07 | 0.1 | 0.1 | 0.7 |
| 4 | 0.6 | Chitosan | RG 503H | 0.07 | 0.1 | 0.1 | 0.7 |
| 5 | 0.6 | Chitosan | RG 504H | 0.06 | 0.1 | 0.1 | 0.6 |
| 6 | 0.6 | Chitosan | RG 504H | 0.07 | 0.2 | 0 | 0.7 |
| 7 | 0.6 | Chitosan | RG 504H | 0.07 | 0.14 | 0.06 | 0.7 |
| 8 | 0.6 | Chitosan | RG 504H | 0.07 | 0.1 | 0.1 | 0.7 |

used biodegradable and biocompatible polymers as a carrier in sustained drug delivery systems (Luan and Bodmeier, 2006; Rafienia et al., 2009; Zhang et al., 2008). Water insoluble PLGA dissolved in N-methyl-2-pyrrolidone (NMP) or other water-miscible organic solvents precipitates upon injection into aqueous environments (for example, body fluid) because the organic solvents diffuse out and water penetrates into the polymer matrix. Both hydrophilic and hydrophobic drugs can be easily dissolved or suspended in the PLGA solutions and no special chemical or equipment is needed for solidification of ISFI, which is particularly suitable for delivery of protein and peptide drugs.

In this study, we developed PLGA based ISFI for sustained delivery of T α 1. Several formulation factors such as T α 1 preencapsulation, PLGA molecular weight and PLGA concentration were investigated. Different amounts of triacetin were added to NMP in order to decrease the initial release of T α 1. T α 1 is unstable at acidic pH (especially at pH <2), and therefore insoluble Mg(OH)₂ (1%, based on weight of PLGA) was added to protect T α 1 against damage of acidic microenvironments caused by degradation of PLGA (Zhong et al., 2007). An *in vitro* release model was designed to mimic the *in vivo* release profiles of T α 1 from ISFI. The cyto-toxicity and pharmacological efficacy of T α 1-loaded ISFI were also evaluated.

2. Materials and methods

2.1. Materials

Poly(lactide-co-glycolide) (PLGA 50:50, RG 502H, Mw = 12 kDa; RG 503H, Mw = 34 kDa; RG 504H, Mw = 48 kDa) was purchased from Boehringer Ingelheim Pharma GmbH and Co. KG (Germany). Thymosin alpha1 was obtained from Hangzhou Sinopep Pharmaceutical Inc. (China). Chitosan (Mw = 20 kDa) was obtained from Golden-Shell Biochemical Co., Ltd (China). Bovine serum albumin (BSA) was purchased from Sino-American Biotechnology Co. (China). N-methyl-2-pyrrolidone (NMP) was kindly provided by International Specialty Products, Inc. (USA). Cyclophosphamide was purchased from Jiangsu Hengrui Medicine Co., Ltd. (China). All other materials were of HPLC or analytical grade.

Male Sprague–Dawley Rats and male BALB/c mice were obtained from Shanghai Slac Laboratory animal Co. Ltd. (China).

2.2. T α 1 pre-encapsulation

In order to be easily suspended in PLGA solutions, $T\alpha 1$ with or without protectants (chitosan or BSA) was spray-freeze dried to yield uniform microparticles. Briefly, $T\alpha 1$ was dissolved in deionized water, chitosan solution (4% in 2% acetic acid, w/v) and BSA solution (4% in deionized water, w/v) at 1% (w/v), respectively. The above solutions were sprayed into liquid nitrogen with a Büchi 190 spray dryer (Büchi, Switzerland), and then kept in a deep freezer of -50 °C for 4 h to evaporate liquid nitrogen. The remaining frozen

powder was lyophilized with a V55C lyophilizer (Virtis, USA) for 48 h to obtain dried $T\alpha 1$ microparticles. The morphology of $T\alpha 1$ microparticles was observed with a scanning electron microscope (SEM) (Tescan, Czech Republic).

2.3. Preparation of $T\alpha$ 1-loaded ISFI

Appropriate amounts of PLGA were dissolved in NMP or mixtures of NMP and triacetin. T α 1 microparticles and Mg(OH)₂ micropowders (diameter <50 μ m) were suspended in PLGA solutions by homogenization at 5000 rpm for 2 min with a PT3100 homogenizer (Kinematica, Switzerland). Suspensions of eight different formulations were prepared for release experiments of ISFI (Table 1).

2.4. Determination of $T\alpha 1$ by HPLC method

The concentration of T α 1 was determined by high performance liquid chromatography with a Welch Materials C₁₈ column (250 mm × 4.6 mm, 5 μ m, 300 Å). The L-2000 HPLC system (Hitachi, Japan) consisted of a quaternary pump L-2130, an autosampler L-2200, a UV-Vis detector L-2420 and a column oven L-2300. The mobile phase consisted of acetonitrile and water (18:82, v/v) containing 0.1% (v/v) trifluoroacetic acid. The column temperature was maintained at 25 °C. The flow rate was set at 1.0 ml/min and the detection wavelength was 205 nm. Sample solution was injected at a volume of 20 μ L A calibration curve was prepared in the T α 1 concentration range of 1–128 μ g/ml (r=0.9999).

2.5. In vivo release of $T\alpha$ 1-loaded ISFI

Male Sprague-Dawley rats (200-220 g) were maintained in the room kept at 25 °C with free access to food and water. They were randomly divided into eight groups and subcutaneously injected with 0.2 ml suspensions of different formulations (Table 1) containing 0.6 mg T α 1, respectively. At predetermined time points, three rats of each group were sacrificed, and the implants were retrieved and freeze dried. Dried implants were dissolved in 2 ml acetonitrile. After centrifugation at 15,000 rpm for 5 min, the supernatant was discarded. The dissolution and centrifugation procedures were carried out for three times. The residue was treated with an Eppendorf 5301 concentrator (Eppendorf, Germany) to evaporate remaining acetonitrile and then redissolved in deionized water or 2% acetic acid (for chitosan microparticles). After centrifugation at 15,000 rpm for 5 min, the supernatant was used for determination of T α 1 by HPLC method. The cumulative release of T α 1 was calculated according to residual T α 1 content in solidified implants.

2.6. In vitro release of $T\alpha$ 1-loaded ISFI

In vitro release of ISFI was conducted in a home-made cylinder with a diameter of 8 mm (Fig. 1), which was made of $0.45 \,\mu m$



Fig. 1. Schematic presentation of the *in vitro* release device.

PVDF microporous membrane. About 0.2 ml suspensions of formulation 8 in Table 1 were injected into cylinders. The cylinder was immersed in 10 ml of phosphate buffered saline (PBS, pH 7.4) in a glass vial and shaken in an SHZ-88 water bath oscillator (Taicang Laboratorial Equipment Factory, China) at 37 °C. 0.1% (w/v) NaN₃ was added to PBS as a preservative. At predetermined time points, solidified implants were retrieved and disposed as same as the *in vivo* experiment. All experiments were carried out in triplicate. The linear correlation coefficient between the *in vitro* and *in vivo* release of formulation 8 was calculated. Structures of the *in vitro* and *in vivo* solidified implants (24 h after injection) of formulation 8 were observed by SEM.

2.7. In vitro cytotoxicity assay of T α 1-loaded ISFI

About 0.2 ml suspension of formulation 8 was injected into a home-made cylinder, and then it was immersed in 2 ml of isosmotic PBS (pH 7.4) and shaken in an SHZ-88 water bath oscillator at 37 °C. At 0 h, 24 h, 72 h and 168 h, release medium was replaced with fresh PBS and samples of release medium were collected after an incubation period of 1 h. Samples were filtered through a sterile 0.22 μ m microporous membrane and diluted with isosmotic PBS (pH 7.4) to a series of concentrations (100%, 50%, 25% and 12.5%).

In vitro cytotoxicity of formulation 8 was evaluated using Cell Counting Kit-8 (CCK-8) (Dojindo Laboratory, Japan) (Königs et al., 2007). 2-(2-Methoxy-4-nitrophenyl)-3-(4-nitrophenyl)-5-(2,4disulfophenyl)-2H-tetrazolium in CCK-8 can be deoxidized by viable cells to form yellow formazan dye. Experiment design was guided by the CCK-8 manufacturer's instructions. Briefly, NIH 3T3 cells were plated into a 96-well plate at a density of 10⁴ cells/well in 100 µl DMEM which contained 10% newborn calf serum. After 24 h incubation at 37 °C under 5% CO₂, cell culture medium was replaced with 150 μ l fresh culture medium. 50 μ l release medium dilution was added and PBS was used as control. After another 24 h, 10 µl CCK-8 solution was added to each well, followed by incubation of the microplates for 4 h. Absorbance was measured at 450 nm using a Multiskan MK3 microplate reader (Thermo Labsystems, USA) with a reference wavelength of 630 nm. The experiments were carried out in triplicate.

2.8. Immunosuppressive mice model

Male BALB/c mice of 18–20 g were treated intraperitoneally with 50 mg/kg body weight of cyclophosphamide on days 0, 7, 14, 21 and 28. Thirty-two mice were randomly divided into four groups. Two negative controls were group A (0.9% NaCl) and group B (ISFI of formulation 8 without T α 1). Group C was T α 1 solution (750 µg/ml). The experimental group D was T α 1-loaded ISFI of formulation 8. Mice in group B and D were injected subcutaneously with 0.1 ml suspension on day 0, and mice in group A and C were injected with 0.1 ml 0.9% NaCl and 0.1 ml T α 1 solution on days 0, 7, 14 and 21. On day 28, all the mice were sacrificed. Their thymuses and spleens were weighed and the immune organ indexes were calculated as follows:

immune organ index = $\frac{\text{weight of immune organ (mg)}}{\text{weight of mouse (g)}}$

2.9. Statistical analysis

Statistical comparisons were made using Student's *t*-test. The probability value of less than 0.05 was considered as significant.

2.10. Ethics

The protocol of the animal experimental procedures was approved by the Animal Experimentation Ethics Committee of Second Military Medical University.

3. Results and discussion

3.1. In vivo release of T α 1 from T α 1-loaded ISFI

3.1.1. Influence of T α 1 pre-encapsulation on in vivo T α 1 release

In vivo release of T α 1 from formulations 1, 2 and 8 is shown in Fig. 2. Pure T α 1 group had a high initial release (24 h, 43.3%), followed by a continuous release up to 14 days. In contrast, for $T\alpha 1$ /chitosan microparticles, the ISFI showed a much lower initial release (29.3%) and a longer continuous release period (28 days). Pre-encapsulation with BSA did not have much effect on the initial release of T α 1 (44.2%) but increased the continuous release period to 28 days. The different roles between chitosan and BSA are mainly due to their solubility: both BSA and $T\alpha 1$ can be easily dissolved in neutral water and they will diffuse out of implants quickly during polymer precipitation, but chitosan will partially prevent $T\alpha 1$ escaping from polymer matrix because of its poor solubility. Morphologies of microparticles also contributed to the difference of T α 1 release: T α 1/chitosan microparticles were spherical and dense, with a diameter of approximate 30 µm (Fig. 3A and B), while T α 1/BSA microparticles were loose and irregular (Fig. 3C and D), which made it easier for $T\alpha 1$ to diffuse out. Another possible reason is that in neutral environment $T\alpha 1$ with negative charges may interact with cationic chitosan but not with anionic BSA. In addition, both of the two kinds of microparticles were porous, and therefore neither of them decreased the initial release of $T\alpha 1$ to less than 10%.

3.1.2. Influence of PLGA molecular weight on in vivo T α 1 release

In vivo release of $T\alpha 1$ from formulation 3, 4 and 8 is shown in Fig. 4. $T\alpha 1$ release from ISFI made of RG 502H or RG 503H showed much higher initial releases (74.6%, 77.3%) and much shorter release periods (7 and 14 days), compared with that of RG 504H. RG 502H and RG 503H have lower molecular weights and trend to give lower solution viscosities, so organic solvents as



Fig. 2. In vivo release of T α 1-loaded ISFI with microparticles pre-encapsulated by different protectants. *Key*: (\blacklozenge) no protectant; (\blacksquare) BSA; (\blacktriangle) chitosan (mean ± S.D., n = 3).



Fig. 3. Scanning electron micrographs of $T\alpha 1$ microparticles encapsulated by chitosan (A and B) and BSA (C and D).

well as $T\alpha 1$ can diffuse out of polymer matrix more quickly when contacted with aqueous environments, leading to a faster polymer precipitation and a much higher initial release. Another important factor is the higher porosity of solidified ISFI prepared with lower

100 um



Fig. 4. *In vivo* release of T α 1 from ISFI prepared with PLGA of different molecular weights. *Key*: (\blacklozenge) RG 502H; (\blacksquare) RG 503H; (\blacktriangle) RG 504H (mean ± S.D., *n* = 3).

molecule-weight PLGA due to faster solidification, which further increases the diffusion rate of T α 1 into body fluid (Astaneh et al., 2006). However, RG 503H didn't show better properties than RG 502H in controlling the initial release of T α 1, caused by the cellular and spongy-like structure of solidified ISFI prepared with RG 503H (Astaneh et al., 2009). Due to its high molecular weight, RG 504H was expected to lose mass slower as it reached the critical molecular weight when it became soluble in the body fluid, resulting in a longer release period (Ravivarapu et al., 2000).

5 µm

3.1.3. Influence of PLGA concentration on in vivo T α 1 release

In vivo release of T α 1 from formulation 5 and 8 is shown in Fig. 5. The lower concentration of RG 504H led to a much higher initial release of T α 1 (52.3%), but it didn't change the trends of the continuous release period, indicating that it only accelerated diffusion of organic solvents during solidification process of ISFI. Increasing the polymer concentration means a multitude of effects, including lower system diffusivities, thicker skins and increased solution hydrophobicity, all of which may result in the slower phase inversion. The slower phase separation rate, as well as the slower water influx rate and the morphological transition to a less porous structure of solidified ISFI, contributes to the slower initial release of



Fig. 5. *In vivo* release of T α 1 from ISFI prepared with RG 504H of different concentrations. *Key*: (\blacklozenge) 0.30 g/ml; (\blacktriangle) 0.35 g/ml (mean ± S.D., *n* = 3).

 $T\alpha 1$ (Graham et al., 1999). From the 2nd week to the 4th week, the polymer matrix gradually collapsed and the cumulative amounts of released $T\alpha 1$ became close.

3.1.4. Influence of triacetin on in vivo T α 1 release

In vivo release of T α 1 from formulations 6, 7 and 8 is shown in Fig. 6. In this study, different amounts of triacetin were added to NMP (0:10, 3:7, 5:5, v/v) to dissolve PLGA. Addition of triacetin in NMP/PLGA solution significantly decreased the initial release of T α 1 from 76.9% to 56.2% and 29.3%. It has been reported that ISFI with low solvent/water affinity undergo much slower phase inversion, leading to a less porous, more fluid, two-phase structure (Brodbeck et al., 1999; Kang and Singh, 2005). A fast phase inversion of ISFI was observed upon injection into aqueous environments for water-miscible NMP while a much slower phase inversion was found for hydrophobic triacetin. For mixed solvents of NMP and triacetin, NMP diffuses out of the polymer matrix quickly resulting in a solidified exterior of ISFI and hydrophobic triacetin trends to be detained in polymer matrix during solidification, which prevents exchanges of liquids and diffusion of $T\alpha 1$. The exchange of triacetin with water is presumed to last for up to 2 weeks (Brodbeck et al., 1999), and slower phase inversion of polymer leads to denser structures of solidified implants and slower release of $T\alpha 1$.

3.2. In vitro release of $T\alpha 1$ from $T\alpha 1$ -loaded ISFI

In vitro release of $T\alpha 1$ from formulation 8 in home-made cylinders is shown in Fig. 7. A sustained release of $T\alpha 1$ with a relative



Fig. 6. In vivo release of $T\alpha 1$ from ISFI prepared with different concentrations of triacetin. *Key*: (\blacklozenge) 0 ml/ml; (\blacksquare) 0.3 ml/ml; (\blacktriangle) 0.5 ml/ml (mean ± S.D., n = 3).



Fig. 7. T α 1 release from ISFI of formulation 8 *in vitro* (\blacksquare) and *in vivo* (\blacklozenge) (mean \pm S.D., *n* = 3).

low initial release (15.7%) was observed. The ISFI released 89.5% of T α 1 up to 28 days at a little slower rate than that of the *in vivo* release. The morphologies of formed implants in vitro and in vivo were studied through SEM. As shown in Fig. 8, the in vivo formed implants (A and B) were porous and uniform, while the in vitro formed implants (C) showed obvious shell/core structure: the outer layer of the in vitro formed implants (D) was as porous as the in vivo implants but the core (E) was dense with few channels. When ISFI is subcutaneously injected, organic solvents diffuse out quickly from tablet-like polymer matrix, but body fluid is not so sufficient as to penetrate into the matrix in time to make it hardened, so continuous loss of organic solvents results in channels in formed implants. However, ISFI in vitro contacts with sufficient water immediately after immersed in PBS and its outer layer solidifies in a short time, which prevents diffusion out of internal organic solvents. After initial solidification, internal organic solvents slowly diffuse out through channels of outer layer and dense core forms. Tal encapsulated in the core cannot leak out until degradation of polymer matrix, and this may explain the difference between the in vitro and in vivo release.

Both of the *in vitro* and *in vivo* release of T α 1 from ISFI followed Higuchi kinetics with correlation coefficients of 0.9948 and 0.9839. The linear correlation coefficient between the *in vitro* and *in vivo* release was 0.9899, demonstrating the good availability of the home-made cylinder as a model to investigate the *in vivo* release profiles of ISFI.

3.3. In vitro cytotoxicity assay of T α 1-loaded ISFI

The result of the *in vitro* cytotoxicity assay is shown in Fig. 9. A decrease in viability of NIH 3T3 cells was observed for the high concentration samples (100% and 50%) of 1 h, but the decrease did not exceed 20% when compared with the PBS group, and all the other *in vitro* release medium-treated groups were statistically insignificant compared with PBS treatment, indicating low cytotoxicity of the ISFI.

3.4. Effect of T α 1-loaded ISFI on immunosuppressive mice

Table 2 shows the pharmacological results obtained after different treatments for 28 days. Thymus and spleen are considered to be the most important immune organs of body, reflecting conditions of the body immune system. Cyclophosphamide is a commonly used immunosuppressive agent for inducing reduction of spleen index or thymic index of model animal (Bujalance et al., 2007; Chen et al., 2007). Compared with the other three groups, T α 1-loaded ISFI significantly increased the average thymic index of immunosuppressive mice (p < 0.05). The average spleen index of mice treated



Fig. 8. Scanning electron micrographs of formed ISFI of formulation 8: (A and B) cross section of *in vivo* formed implant; (C) cross section of *in vitro* formed implant; (D) outer layer of *in vitro* formed implant; (E) core of *in vitro* formed implant.

Table 2

Immune organ indexes of four groups of mice after treatments for 28 days (n = 8).

| | Groups | | | | | | |
|--|--|---|---|---|--|--|--|
| | A | В | С | D | | | |
| Thymic index (mg/g) Spleen index (mg/g) | $\begin{array}{c} 0.761 \pm 0.055 \\ \textbf{4.344} \pm 0.566 \end{array}$ | $\begin{array}{c} 0.809 \pm 0.055 \\ 4.651 \pm 0.795 \end{array}$ | $\begin{array}{c} 0.773 \pm 0.776 \\ 4.726 \pm 0.629 \end{array}$ | $\begin{array}{c} 0.974 \pm 0.094^{a,b,c} \\ 5.122 \pm 0.708^{a} \end{array}$ | | | |

^a *p* < 0.05 vs. 0.9% NaCl as control.

^b p < 0.05 vs. blank implant as control.

^c p < 0.05 vs. T α 1 solution.



Fig. 9. Cytotoxicity of ISFI determined by CCK-8 assay (expressed as % viability). *p < 0.05, n = 3, compared with PBS group.

with T α 1-loaded ISFI was significantly larger than that of mice treated with 0.9% NaCl (p < 0.05). The experimental data demonstrated the good efficacy of T α 1-loaded ISFI in enhancement of body immunity.

4. Conclusions

In this study, we describe the possibility of in situ forming implant as a carrier for extending the circulation half-life of the model peptide compound T α 1, which is currently restricted in clinic due to its short plasma half-life. The formulation of Ta1loaded biodegradable ISFI with PLGA and several influencing factors on its release behavior were studied and evaluated. The in vitro and in vivo release was sustained for at least 4 weeks for the ISFI containing T α 1 pre-encapsulated with chitosan. Higher concentration of PLGA with higher molecule weight and addition of triacetin for the Tα1-loaded ISFI showed a less initial release and a longer sustained release period. In comparison with BSA, chitosan is a more suitable material for pre-encapsulation of $T\alpha 1$ for ISFI formulation. An in vitro release model was designed to mimic the in vivo release of ISFI, and the good correlation was observed between the in vitro and in vivo release with the linear correlation coefficient of 0.9899. In vitro cytotoxicity assay proved ISFI to be a safe delivery system for sustained release of drugs. Tal-loaded ISFI significantly increased the average thymic index and spleen index of immunosuppressive mice. All the results indicated that the ISFI formulation of protein/chitosan microparticles, mixed organic solvents, and an insoluble base may be a useful approach in the development of PLGA based ISFI for other therapeutic proteins.

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